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Pastor

Mmgr. Kevin Beach - ext. 3

Deacon

Deacon Dave Lauzon

**Administration, Funerals,
Mass Intentions**

Bella Fischer - ext. 2

**Sacraments, Communications,
Parish Hall**

Antonella del Papa - ext. 1

Parish Pastoral Council

Anne Desjardins, Chair

Parish Finance Council

Christian Kratchanov, Chair

Catholic Women's League

Lisa Zannese, President

Knights of Columbus

Matt Gray, Grand Knight

Legion of Mary

Ema Gitej, President

Catholic Schools

St. Isidore Elementary

1105 March Road

St. Gabriel Elementary

400 Keyrock Drive

St. Isabel Elementary

785 Golbourn Forced Road

Georges Vanier Elementary

40 Varley Drive

All Saints High School

5115 Kanata Avenue

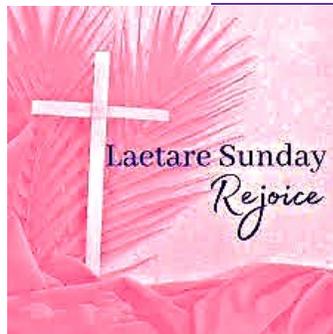


ST. ISIDORE

Roman Catholic Parish

Sunday Bulletin • Fourth Sunday of Lent (Laetare Sunday)
March 15, 2026

Pastor's Message



The Fourth Sunday of Lent is also known as Laetare Sunday (Rejoice Sunday) as we are near Easter, the greatest feast of our Christian faith. The name is taken from the Entrance Antiphon for the Mass: *Rejoice, Jerusalem, and all who love her. Be joyful, all who were in mourning...* The rose vestments give a visible sign of the joyful nature of today's celebration. At the 9 am Sunday Mass, we will celebrate the Second Scrutiny with our catechumens and candidates. The text from the Gospel of St. John on the curing of the man born blind gives the sense of the Scrutiny: we focus on "blindness" and spiritual sight, urging the Elect to reject the "unbelief of the world" and embrace Christ as the Light of the World.

In the bulletins for the first three Sunday of Lent, I offered teachings from the *Catechism of the Catholic Church* on the three disciplines of prayer, fasting and almsgiving. This Sunday, I offer an extract from a sermon by Saint Peter Chrysologus (+450 AD), Bishop and Doctor of the Church, on these three disciplines: "Prayer knocks, fasting obtains, mercy receives. There are three things, brothers and sisters, by which faith stands firm, devotion remains constant, and virtue endures. They are prayer, fasting and mercy. Prayer knocks at the door, fasting obtains, mercy receives. Prayer, mercy and fasting: these three are one, and they give life to each other. ... Fasting bears no fruit unless it is watered by mercy. Fasting dries up when mercy dries up. Mercy is to fasting as rain is to the earth. However much you may cultivate your heart, clear the soil of your nature, root out vices, sow virtues, if you do not release the springs of mercy, your fasting will bear no fruit."

Our Pastoral Council met last Tuesday. Deacon Dave led us in a spiritual reflection based on the *Litany of Humility*. The members discussed a number of subjects including the following. In preparation for the election of new members at the Annual General Meeting, a Nominations Committee is being formed and will meet in the coming weeks. Planning continues for the offering, in the fall, of a Life in the Spirit Seminar. With respect to hosting a monthly Coffee Sunday, the Council will form a Hospitality Committee and is grateful to the CWL who have organised them over the last two years. Another evening of Prayer, Healing and Worship is scheduled for April 29th. With respect to Committee updates, the following was noted: Liturgy – the Committee met and planning for Holy Week and Easter is well advanced; Décor – decoration for Lent, Holy Week and Easter was reviewed; CWL – continues their work for Soup on Lenten Fridays, supporting Youth Nights and a Garage Sale in June; Knights of Columbus – reported on the organization of the Friday Stations of the Cross, involving parish groups, Mother's Day Brunch in May; Pastoral Care – continues their ministry, somewhat complicated by various outbreaks in Retirement Homes. The Council will next meet on April 14th. *Fr. Kevin*

Rejoice, Jerusalem, and all who love her!

Sunday Readings

Sunday, March 15th – Fourth Sunday of Lent Laetare Sunday

1 Samuel 16.1b, 6-7, 10-13

David was anointed king over Israel.

Psalms 23

The Lord is my shepherd; I shall not want.

Ephesians 5.8-14

Rise from the dead, and Christ will shine upon you.

John 9.1-41

The man who was blind washed his eyes and came back able to see.

Liturgies

Saturday, March 14th – Fourth Sunday of Lent

3:00 – 3:45 pm Confessions

4:30 pm For the intentions of the living and deceased members of St. Isidore Parish

Sunday, March 15th – Fourth Sunday of Lent

9:00 am No requested Intention

11:00 am + George Pennie by Colin Pennie

Tuesday, March 17th

9:00 am Private Intention

Wednesday, March 18th

9:00 am No requested Intention

Thursday, March 19th – St. Joseph, Spouse of the Blessed

Virgin Mary and Principal Patron of Canada

9:00 am No requested Intention

7:00 pm Adoration of the Blessed Sacrament

Friday, March 20th

9:00 – 9:45 am Confessions

10:00 am No requested Intention

6:30 – 7:30 pm Confessions

7:00 pm: Stations of the Cross

Parish Announcements

❖ **Easter Flower Offering Envelopes** are available in the pews. **The names of deceased loved ones will be displayed at the Welcome Centre on the monitor.** The last day for the collection of these envelopes is this Sunday, March 15th.

❖ Lenten Time of Confessions

In addition to the Confession schedule above, our parish is holding a time of Lenten Reconciliation, where a number of priests will be available to hear Confessions. Come alone, or as a family, next Saturday, March 21st, **between 10:00 am and 12:00 noon.**

LENTEEN FRIDAYS

- 6:00 pm – Soup offered by the CWL (freewill offering for the West Carleton Food Cupboard)
- 6:30 to 7:30 pm – Confessions
- 7:00 pm – Stations of the Cross

❖ Stay cozy this winter with an inspiring book! We still have a few free copies of Matthew Kelly's "**Rediscover the Saints**" and "**The Four Signs of a Dynamic Catholic**" available in the vestibule. Grab one today and enjoy some spiritual reading at home.

❖ **Shamrocks are available** in the vestibule **in support of the residents of Saint Patrick's Home.** A freewill offering would be much appreciated. All proceeds from the sale of the shamrocks go to support the pastoral ministry and social activities of the residents. Last year, \$7,000.00 were raised thanks to many parishioners and parishes.

❖ We invite all students in grades 7 through 12 to join us for our next **Youth Group Night** on **Saturday, March 28th, from 7:00 to 9:00 pm.** This is a fun and welcoming environment where you can meet new people, enjoy great activities, and grow closer to Christ. The evening in the Parish Hall will be packed with snacks, games, and discussions to help us grow together in faith and friendship. Doors open at 6:30 pm, and we ask that you please register in advance [here](#). We look forward to seeing you there!

❖ Collection of furniture and household items for **St Isidore's refugee families:** we're currently looking for gently used donations of love seats or small couches, armchairs, TVs and DVD players, laptops, etc. If you have something to donate or would like a more comprehensive list of what's still needed, please contact Elina at (613) 697-8732.

❖ Financial Report from the month of November 2025

	November 2025	Year-to-Date as of Nov. 31/25
Income	\$73,400	\$472,091
Expenses	\$34,153	\$395,300
Surplus	\$39,247	\$76,791

In our community

❖ Join the Encounter School of Ministry Ottawa Campus for their very first **Transformation Night!** Worship | Talk | Q&A on **Tuesday, March 24th**, 6:00 - 8:30 pm at St. Mary's Parish. No registration required - All are welcome.

❖ **Prayers for More** is coming up! Looking for some encouragement from the Lord in this Lenten season? Join the Servants of the Cross for an evening of prayer ministry. Their trained prayer ministers will meet with you in a breakout room to pray for your specific requests, as well as ask for the Lord's heart for you in this season. On **Thursday, March 26th** at 7:00 pm online via Zoom. All are welcome! To register, please visit: <https://servantsofthecross.ca/engage/i-am-hungry/>